



# TOWN OF QUEEN CREEK | OFFICE OF THE MAYOR PROCLAMATION



**WHEREAS**, cardiovascular disease is the leading cause of death in women, claiming more lives than all forms of cancer combined and yet only 44% of women recognize that cardiovascular disease is their greatest health threat; and

**WHEREAS**, among females 20 years and older, nearly 45% are living with some form of cardiovascular disease and less than half of women entering pregnancy in the United States have optimal cardiovascular health; and

**WHEREAS**, cardiovascular disease is the leading cause of maternal death in the U.S. , or more simply put, heart disease is the No. 1 killer of new moms; and overall, 10% to 20% of women will have a health issue during pregnancy, and high blood pressure, preeclampsia and gestational diabetes during pregnancy greatly increase a women’s risk for developing cardiovascular disease later in life; and

**WHEREAS**, most cardiac and stroke events can be prevented through education and lifestyle changes, such as moving more, eating smart and managing blood pressure; and in 2020, stroke caused the deaths of 90,627 females, approximately 56.5% of total stroke deaths; and

**WHEREAS**, women are often less likely to receive bystander CPR because rescuers often fear accusations of inappropriate touching, sexual assault or injuring the victim; and

**WHEREAS**, there are significant biological differences between men and women, and clinical trials have not always adequately enrolled women or analyzed sex-specific differences in the data, and, as of 2020, only 38% of cardiovascular clinical research trial participants are women; and

**WHEREAS**, since 2004, the American Heart Association’s Go Red for Women movement has addressed the awareness and clinical care gaps of women’s greatest health threat, cardiovascular disease, and, on the cusp of the American Heart Association’s 100 anniversary, continues to make bold moves to save lives and pioneer scientific discoveries

**NOW THEREFORE, BE IT RESOLVED** that I, Julia Wheatley, Mayor of the Town of Queen Creek, do hereby proclaim February 2024 as

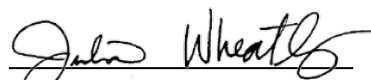


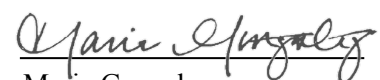
## NATIONAL WEAR RED (GO RED FOR WOMEN) MONTH

In the Town of Queen Creek and urge all residents to raise awareness about cardiovascular disease – the leading cause of death in women – and show their support for women and the fight against heart disease by commemorating this day by wearing the color red. By increasing awareness, speaking out about heart disease, and empowering women to reduce their risk for cardiovascular diseases, we can save thousands of lives each year.



**WITNESS MY HAND** this 7<sup>th</sup> Day of February, 2024.

  
Julia Wheatley,  
Mayor

  
Maria Gonzalez,  
Town Clerk