



**PROCLAMATION
Go Red for Women Month
February 2020**

WHEREAS, in the United States, heart disease is the number one killer of women, causing one in three deaths each year, approximately one woman every 80 seconds; and; and

WHEREAS, in Arizona, on average nearly 16 women die every day from heart disease or stroke; and

WHEREAS, women have a higher lifetime risk of stroke than men, with different heart attack symptoms that are often misunderstood; and

WHEREAS, an increase in community awareness is necessary to encourage everyone to GO RED, because 80 percent of cardiac events can be prevented with education and lifestyle changes.

NOW THEREFORE, BE IT RESOLVED that the Town/City of Queen Creek proclaims February, 2020 as

Go Red for Women Month

in Queen Creek and encourage everyone to be a part of the American Heart Association's national movement to end heart disease and stroke in women because it's not just a man's disease. Citizens are encouraged to make a change for better health with physical activity, healthy eating, lowering their blood pressure, and teaching children the importance of staying active and making healthy food choices. People can show their alignment to the cause by registering at www.goredforwomen.org.

WITNESS MY HAND this 5th day of February 2020.

A handwritten signature in black ink that reads "Gail Barney".

Gail Barney, Mayor

A handwritten signature in black ink that reads "Maria E. Gonzalez".

ATTEST: Maria E. Gonzalez, Town Clerk